

# Suicide Prevention TRAINING, RESOURCES, and TECHNICAL ASSISTANCE Available Now!

New resources and supports are available to help Vermont organizations improve their ability to identify and support people who may be experiencing suicidal thoughts.



The following **free resources and supports** are now available through the Facing Suicide – VT initiative, a new statewide suicide prevention project. The Center for Health and Learning and the Vermont Suicide Prevention Center are helping to organize these resources and services and look forward to working with you!

## RESOURCES AND SUPPORT AVAILABLE:

### Staff training on how to:

- Recognize the warning signs of suicidality in an individual.
- Respond with empathy, care, and support.
- Help the person find additional resources and access supports for mental health.
- Talk about safe storage and access to lethal means
- Assess, identify and adopt policies, procedures, and competencies that may improve how your organization responds to people who are struggling with suicidal thoughts or suicidality.
- Create a plan for sustaining suicide prevention awareness and skills among your staff.

If you have any questions or think that you may be interested in accessing any of these free resources and supports, contact:

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*“It can definitely be hard to ask someone how they are really doing and listening, but it was a great thing and I feel more confident!”*

—training participant