

VT Suicide Prevention Coalition (VTSPC) Meeting Notes

April 8, 2021

For more information: Kirk Postlewaite, Senior Program Specialist, kirk@healthandlearning.org

Attending: See participant list

AGENDA - Topics	Discussion/ Decisions	Actions/Resources
<p>Current State of Suicide Prevention Efforts in Vermont Alison Krompf, Department of Mental Health</p>	<p>Covid Support VT website-</p> <ul style="list-style-type: none"> ● good utilization <p>Data-</p> <p>Calls to National Suicide Lifeline, Crisis text line-</p> <ul style="list-style-type: none"> ● anxiety and isolation most increased ● Suicide not large change <p>Covid relief funds-</p> <ul style="list-style-type: none"> ● Increased capacity for lifeline use ● Increase ZS with DA and PCP partners to facilitate effective pathways with mini grants project ● YMHFA through VCP for virtual implementation ● Eldercare outreach ● Blueprint CHT *Community Health Team) workers involved in CAMS and other ZS initiatives- bolsters behavioral health capacity in PCP/healthcare system 	
<p>Legislative Update- Suicide Prevention Daisy Berbeco, Department of Mental Health</p>	<p>S69</p> <ul style="list-style-type: none"> ● Taken up for intro ● Did not advance this year <p>S213- Goal- establish suicide prevention providers within DAs</p> <ul style="list-style-type: none"> ● Did not advance <p>Federal level- American Rescue Plan (ARPA) VT to receive 1.3billion overall</p> <p>SAMSHA- \$20m for suicide prevention</p>	<p>Actions:</p> <ul style="list-style-type: none"> ● Refocus on this work next Legislative session
<p>Grant Updates Christina Thompson, Department of Mental Health</p>	<p>MH Block grant</p> <ul style="list-style-type: none"> ● \$1.2m COVID funding <p>988 planning grant-</p>	<p>Actions:</p> <p>9-8-8 Coalition Team meeting now to advance project</p>

	<ul style="list-style-type: none"> ● national suicide prevention lifeline- live as of 7/2022 ● NCSS and Headrest (NH) covering VT calls (80%) ● NEK to take remaining 20% in near future 	<ul style="list-style-type: none"> ● Wide range of participants ● Funding beyond initial grant focus ● Small group work to focus on resources, funding and legislative aspects
<p>CDC Grant- Vermont Department of Health Update Stephanie Busch, VDH</p>	<p>Public health lens to MH services. Key guidelines-</p> <ul style="list-style-type: none"> ● Raise Awareness ● Creating protective spaces ● Gatekeeper training ● Promoting connectedness within populations with increased rates of morbidity/mortality ● Peer supports ● Postvention ● Healthcare- suicide safe care pathways 	<p>Actions:</p> <ul style="list-style-type: none"> ● VDH to hire Project Coordinator and Data Analyst
<p>Vt Suicide numbers from 2021 Caitlin Quinn, Vermont Department of Health</p>	<p>Data from 1/1/21-4/1/21-</p> <ul style="list-style-type: none"> ● No significant changes at this point 	
<p>Suicide Infrastructure Assessment Update Tom Delaney, PhD UVM</p>	<p>What is infrastructure?</p> <ul style="list-style-type: none"> ● Statewide framework for planning, implementation, evaluation and sustainability ● Essential for advancing this work <p>2013 Survey-</p> <ul style="list-style-type: none"> ● Indicates need for central/lead organization- VT has VTSPC <p>2020 updated survey-</p> <ul style="list-style-type: none"> ● Variety of questions related to workplace status. ● Good results for general awareness ● Many respondents do not feel enough upstream work being done 	<p>Actions:</p> <p>Survey- Qualitative analysis of narrative questions.</p> <ul style="list-style-type: none"> ● Clinician responses for perspective. ● Best recommendations to share from survey <p>Current Survey is phase 1 with providers only</p> <ul style="list-style-type: none"> ● Phase 2 would include peers, those with lived experience, family, etc

<p>Setting the Stage for Moving Upstream Activity-Prevention</p> <p>JoEllen Tarallo, Center for Health & Learning</p>	<p>VT Suicide Prevention Platform-</p> <ul style="list-style-type: none"> ● Goal 7-pathways- focus thus far ● Critical to engage families- 2 way conversation/dialogue ● Cultural considerations, health disparities. ● Refocus coalition on what means to move upstream <p>Prevention/Recovery</p> <ul style="list-style-type: none"> ● 2 sides of the same coin ● Address as needed to bolster staff (avoid burnout), communities, and individuals 	<p>Actions:</p> <ul style="list-style-type: none"> ● DMH/VDH on CDC grant- 5 years to focus on suicide prevention from a public health approach
<p>Dana Kaplan- OutRight Vermont</p>	<p>Upstream</p> <ul style="list-style-type: none"> ● Promoting inclusion to engage youth, families, schools and systems ● change policy and experience of LGBTQ community in VT. ● opportunities for supportive connections, family education, school awareness/trainings ● groups, summer camps, ● 3rd space must be included. 	
<p>Matt Wolf- Vermont Afterschool</p>	<p>Upstream</p> <ul style="list-style-type: none"> ● Promote Youth empowerment and youth voice across the state. ● Work in the 3rd space, i.e.- anything outside of school and home. Sports teams, faith communities, afterschool programs ● Shift for adults- empowerment and systems change ● Legislative youth council- include geographically and interest related perspectives ● Building Flourishing Communities- promotes resilience 	
<p>Member Announcements, Upcoming Trainings</p>	<ul style="list-style-type: none"> ● Meetings in 2021 <ul style="list-style-type: none"> ○ 9:00am-12:00pm, opening at 8:30am for connecting and networking ○ Thursday Sept 9 (Sept 10 is World Suicide Prevention Day) ○ Thursday December 9 	<p>CSSRS Training CLINICIANS - REGISTER FOR ONE OF THESE DATES HERE: https://bit.ly/3fbMh7D</p> <p>CHL Trainings https://healthandlearning.org/trainings-and-events/</p> <p>Order Help Resources: https://www.surveymonkey.com/r/HELPOrder</p>