Suicide is the 2nd leading cause of death for ages 15-35 and the 8th leading cause of death across all ages.

Source: VDH

In Vermont there are 2–3 deaths per week by suicide, resulting in significant ripple effects on families, schools, communities, first responders, health care providers, and systems overall.

COVID AND SUICIDE IDEATION

Emergency care visits for suicidal ideation and/or self-harm in 2020 is similar to previous years despite an approximate 10% drop in visits to the ED and urgent care, likely due to COVID.

December 2020 saw an increase from past years in visits for suicidal ideation and self-harm despite the drop in ED/urgent care visits.

Source: VDH

There were 125 suicide deaths in 2018 and 109 in 2019.

Vermonters have consistently died by suicide at a rate of more than 30% higher than national average over the last 15 years.

Suicide cost Vermont a total of $117,583,000 of combined lifetime medical and work loss in 2010, or an average of $1,109,277 per suicide death.

Source: CDC WISQARS
The Vermont Suicide Prevention Center (VTSPC) is a public-private partnership of the Center for Health and Learning with the VT Agency of Human Services and many partner organizations and individuals. The mission is to create health-promoting communities in which people have the knowledge, attitudes, skills, and resources to reduce suicides in Vermont.

For more information: info@healthandlearning.org

VDH Data Briefs can be found here: healthvermont.gov/health-statistics-vital-records/surveillance-reporting-topic/injuries