

Suicide Loss Grief Support Resource List -January 2021

Chittenden County

Burlington

General Grief - UVM Health Network Home Health and Hospice

Online support group for anyone that is grieving. Meets via Zoom twice a month. For more information contact Ally Parker at 802-860-4497 ext.3405 or Allyson.Parker@uvmhomehealth.org

COVID-19 Grief Support - UVM Health Network Home Health and Hospice

Online support group for anyone who has experienced a loss due to COVID-19. Meets via Zoom on Mondays from 6-7pm. For more information contact Ally Parker at 802-860-4497 ext.3405 or Allyson.Parker@uvmhomehealth.org

South Burlington

Survivors of Suicide Support Group

Survivors of Suicide Support Group meets every first Wednesday of the month via Zoom. For more information contact Elizabeth Mahoney at 802/734-0877

Washington County Mental Health Services

Barre

Central Vermont Health & Hospice

Central Vermont Health & Hospice offers online via Zoom, CVHHH offers grief support groups in 6-week sessions. Groups offered: Grief and Loss, Spouse/Partner Loss. Contact Diana Moore, Bereavement Coordinator, 802-224-2241, dmoore@cvhhh.org
<https://www.cvmc.org/community-wellness/classes-and-events/bereavement-support-group-0>

Franklin County

St Albans

Northeastern Counseling Support Services

Survivors of Suicide Support Group meets the second Thursday of each month from 6- 7:30pm and is currently held via Zoom. To discuss and receive zoom meeting link contact Tony Stevens astevens@ncssinc.org or Deborah Babbie 802-393- 6503

Lamoille County

Morrisville

Lamoille County Mental Health Services

Grief Support Group for anyone who is grieving is offered on the first and third Tuesday of every month from 5:30-6:30pm. The Support for Survivors of Suicide Loss Group meets the last Wednesday of every month from 6-7pm. Please call for location and more information: for grief support contact Oona Lee, olee@lhha.org , or Jane Paine for survivors of suicide, jpaine@lhha.org at Lamoille Home Health and Hospice, Morrisville, VT (802) 888-4651

Windham County

Brattleboro

Southern Vermont Health Care and Rehabilitation Services

Mixed loss support groups held via zoom on Tuesday and Thursday from 5-6pm. One-to-one support can also be provided. Please contact Lars Hunter for more information and to register, lars.hunter@brattleborohospice.org



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AND LEARNING
HEALTHY LIVING MATTERS



Suicide
Prevention
Center

28 Vernon Street, Suite 319, Brattleboro, Vermont 05301
phone (802) 254-6590 • fax (802) 254-5816 • info@healthandlearning.org
www.healthandlearning.org • www.vtspc.org

Bennington County**Bennington****United Counseling Services**

VNAHSR offers individual bereavement services as well as grief workshops. For more information call 800.244.0568 or email Hospice@vnahsr.org. You may also wish to visit the [Support Groups Calendar page](#) to view a schedule of upcoming workshops

Rutland County**Rutland****Compassionate Friends – Rutland**

Families that have experienced the death of a child. Parents, siblings and grandparents are encouraged to attend. Offered the first Tuesday of every month from 7-9pm at Grace Congregational Church, 8 Court Street, Rutland VT. For more information contact Michael 802-446-2278 or m2vt@aol.com

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Windsor County**Lebanon, NH****The Dartmouth-Hitchcock Aging Resource Center**

The center offers one-on-one bereavement support, periodic eight-week support groups, a lending library and assistance finding ongoing bereavement support in the Upper Valley. For more information contact Deadra.B.Ashton@hitchcock.org

White River Junction

The VA Medical Center provides bereavement support to those with a connection to the military, offering bimonthly support groups, one-on-one counseling and memorial services. For more information contact Mary Lewis Webb, (802) 295-9363, ext. 5417

Addison County**Middlebury****End of Life Services – Bereavement**

Bereavement services are being held by Zoom, including facilitated groups, expressive arts, writing and journaling, personal grief companions and one-one support. Loaner equipment available for those who need it to be able to participate in this way. For more information call 802-388-4111 or go to <https://www.endoflifevt.org/bereavement>

Online Support Community – Chats, Facebook**Loss of A Child – Compassionate Friends**

The Compassionate Friends offers a variety of private Facebook Groups and live chats through an Online Support Community for those who are grieving the death of a child. The Compassionate Friends offers “virtual chapters” through an Online Support Community (live chats) and a variety of private Facebook Groups. <https://www.compassionatefriends.org/find-support/online-communities/>

For more information: info@healthandlearning.org



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