



**VTSPC Coalition Meeting
April 16, 2020
Go To Meeting due to COVID19**

Meeting Notes, Key Points, and Resources

Participants n=48:

Alison Krompf, Daisy Berbeco, Marianna Donnally (Vermont Dept of MH)
Rachel Cullen (CUNY School of Public Health)
Thomas Delaney (UVM COM)
Psyche "Lisa" Boedigheimer (Dept of Veterans Affairs)
Dillon Burns (Vermont Care Parents)
Stephanie Busch, Jennifer Hicks, CaitlinJelinek (VDH)
Laurie Emerson (NAMI Vermont)
Gayle Finkelstein (Northern New England Poison Center)
Katie Haley (Veterans Inc)
Trevor Hanbridge (Howard Center)
Linda Heimerdinger (Brattleboro Union High School)
Sally Kerschner (Vermont Dept of Health)
Alison Krompf (DMH)
Nicole Krotinger (Norwich University)
Debra Lopez (MD Consulting)
Paul Manganiello (Gunsense Vermont)
Terri Lavelly (NKHS)
Amos Meacham (Pathways Vermont)
Ruth Marquette (Northeast Kingdom Human Services)
Thomas Moore (UVMCMC)
Eliot Nelson (UVM)
Nick Nichols (VDH)
Monique Reil (LCMHS)
Meghan Snitkin (WRJ VAMC)
Melissa Southwick (SASH at Cathedral Square)
Emily Zanleoni (Hartford Community Coalition)
Bob Wubbenhorst (United Counseling Services of Bennington County)
Matt Wolf (VFFCMH)
Annie Valentine (UVM)
MJ Trask (Vermont Adult Learning)
Michael Middleton, JoEllen Tarallo, Eric Jones, Debby Haskins, Beth Shrader, Melissa Farr (CHL)

Meeting Notes

Date: 4.16.20

Begin Meeting: 8:30am open Chat and Connect, 9:00am Start of Meeting

Close Meeting: 10:30am

Time	Agenda Item and Key Points	Additional Resources/Action Steps
8:30 to 9:00am CHL and All	<p><u>Welcome Chat and Connect</u></p> <ul style="list-style-type: none"> • Everyone had an opportunity to share how things were going with the movement to virtual platforms in counseling, DAs, and school environments. • Warm referrals/hand offs to other providers are working well. • Providers shared that it has been challenging to start new services if clients have not participated already in online meetings 	
9:00-9:20am CHL <p><u>AHS Update:</u> <i>Alison Krumpf,</i> <i>Director of Quality Assurance, DMH</i></p> <p><i>Daisy Berbeco,</i> <i>Senior Policy Advisor, DMH</i></p>	<p><u>Welcome and Review Agenda</u></p> <ul style="list-style-type: none"> • Acknowledge this is the first time in 12 years that we have met virtually. • Please share with CHL, any feedback that could assist it going more smoothly. <p><u>Vermont COVID 19 and Mental Health Communications Policy/Plan</u></p> <ul style="list-style-type: none"> • Focus on targeted campaigns with supporting readiness of MH care providers • Crisis text line has not seen an increase of utilization as of yet, though expect this will change as more heavily promoted through the COVID19 crisis. • Crisis text line has also started to collect the needs of texters, and will soon also identify COVID and Quarantine in that list. • About 50% of the text line calls identify as LGBTQ. • Looking for influencers/celebrities in Vermont to help with Mental Health messaging. 	<p>Please email Alison and Daisy with any names of <i>influencers</i> in Vermont.</p> <p>alison.krumpf@vermont.gov daisy.berbeco@vermont.gov</p> <p>New Vermont state web pages for information on Suicide Prevention:</p> <p>https://mentalhealth.vermont.gov/suicide-prevention</p> <p>https://www.healthvermont.gov/emergency/injury/suicide-prevention</p>

<p><u>Policy: Fire Arms Safety</u> <i>Paul Manganiello</i> <i>MD, MPH,</i> <i>Emeritus</i> <i>Professor</i> <i>Obstetrics and</i> <i>Gynecology</i> <i>Geisel School of</i> <i>Medicine at</i> <i>Dartmouth</i></p> <p>9:20-9:30am</p> <p><u>VDH Update</u> <u>Suicide Data</u> <u>Surveillance</u></p> <p><i>Caitlin Jelinek,</i> <i>Health Analyst,</i> <i>VDH</i></p>	<p><u>Policy- Firearm Safety</u></p> <ul style="list-style-type: none"> Shared developing a letter campaign to Governor related to supporting policy measures that minimize access to lethal means for those at risk for suicide <p><u>Update on Suicide Prevention Data and Surveillance~</u></p> <ul style="list-style-type: none"> Developed in response to multiple data requests from various groups and agencies in last few weeks Will help provide a consistent 	<p>Please contact Paul directly if you have any questions or to sign on to the letter. Paul.D.Manganiello@dartmouth.edu</p> <p><u>Weekly Suicide Report</u> caitlin.jelinek@vermont.gov</p> <p>https://www.healthvermont.gov/health-statistics-vital-records/surveillance-reporting-topic/injuries</p>
<p>9:30-9:40am</p> <p><u>Suicide Prevention and Substance Misuse</u></p> <p><i>Beth Shrader,</i> <i>Senior Program</i> <i>Specialist, CHL</i></p> <p><i>JoEllen Tarallo,</i> <i>Executive</i> <i>Director, CHL</i></p>	<p><u>Suicide Prevention and Substance Misuse</u></p> <ul style="list-style-type: none"> CHL is seeking local examples of programs, policies and practices that integrate substance misuse and suicide prevention and interventions across a continuum of care. This intersectional approach may include the following: <ol style="list-style-type: none"> 1) creating learning opportunities for substance misuse and suicide prevention professionals 2) recognizing opportunities to collaborate between systems and within organizations and 	<p>Please connect with JoEllen and/or Beth Shrader directly if you have programs, policies and practices that integrate substance misuse and suicide prevention to share:</p> <p>beth@healthandlearning.org joellen@healthandlearning.org</p>

	3) reducing the barriers around organizational system (information, funding), and care planning (screening, transitioning)	
9:40-10:00am <u>State Infrastructure</u> <i>Tom Delaney, UVM, Assistant Professor of Pediatrics at Larner College of Medicine, UVM</i>	State Infrastructure Assessment- National Suicide Prevention Resource Center Guidelines and VT Survey <ul style="list-style-type: none"> UVM researchers are developing a new Infrastructure Survey to inform statewide work and the development of a state suicide prevention plan. A panel of reviewers are being assembled to provide feedback on the current draft. Tom shared that he is incredibly grateful for the feedback the coalition has already provided in this process. 	Tom will be <u>seeking reviewers</u> in the next few weeks to provide feedback on the survey questions.
10:00 to 10:10am <u>Children's Mental Health Month: May</u> <i>JoEllen Tarallo, Executive Director, CHL</i>	Children's Mental Health Month (May) CHL and DMH Resources <ul style="list-style-type: none"> Theme is "Bringing Children's Mental Health Into Focus- Perfect Vision 20/20" 	Resources will be available on DMH website: https://mentalhealth.vermont.gov/prevention-and-promotion/mental-health-public-information/mental-health-awareness-newsletters Please send materials that you want shared on Facebook and VTSPC directly to eric@healthandlearning.org
10:10-10:20am <u>VTSPC Symposium 2020</u> <i>Beth Shrader, Senior Program Specialist, CHL</i>	Symposium <ul style="list-style-type: none"> Save the date, August 18, 2020. Format is TBD. There are a range of opportunities for participating in the Symposium. Your level of involvement is based on whatever you and/or your organization is able to do. 	Interested in being part of the planning committee and/or you have presenter or presentation in mind for the symposium: Contact beth@healthandlearning.org

	<p>Planning Committee Forming:</p> <p>Expectations of planning committee member:</p> <ul style="list-style-type: none"> ● Attendance as possible at two virtual telephone meetings ● Ad-hoc communications related to your roles and support ● Ensure that the audiences you represent are served through this conference ● Recommend and recruit presenters that align with the objectives ● Assist with promotion and dissemination of information through your networks and organizational channels ● Optional: Provide hands-on support at the event 	
<p>10:20-10:25am</p> <p><u>Announcements</u></p> <p><i>Melissa Farr, Program Specialist, CHL</i></p> <p><i>All</i></p>	<p>Coalition Member Announcements</p> <p>CHL Trainings in the Fall~ Umatter® Trainings</p> <ul style="list-style-type: none"> ● Umatter® for Schools October 27 and October 28 ● Umatter® YYA Statewide Kickoff November 4 ● Umatter® TOT November 17 (Snow date of November 19 if needed) 	<p>CHL Umatter®</p> <p>https://healthandlearning.org/trainings-and-events/</p> <p>Mental Health First Aid https://www.mentalhealthfirstaid.org/2020/04/coming-soon-virtual-option-for-mental-health-first-aid/</p> <p>UVM hosted the <i>Webinar on Children and Young Adults' Mental Health during the Coronavirus</i> (occurred live on April 15) Two members presented - Annie Valentine and Tom Delaney.</p> <p>You can find the the webinar here: https://youtu.be/Lu6JcENQS3Q</p> <p>Slides: https://bit.ly/3avg598</p>

<p>10:25am-10:30am</p> <p>HELP Card</p> <p><i>JoEllen Tarallo, Executive Director, CHL</i></p>	<p>HELP Card and Close the Meeting</p> <ul style="list-style-type: none"> • Updated HELP Cards are located on the VTSPC website and available to print. • Posters will be available soon. <p>These can be requested in large quantity print.</p>	<p>https://vtspc.org</p> <p>Card PDF:</p> <p>https://vtspc.org/wp-content/uploads/2020/04/VT-Help-postcard.pdf</p>
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