

The CAMS Framework

Managing Suicide Risk Collaboratively

ONLINE TRAINING | JANUARY 2020

CONSULTATION CALLS | FEBRUARY 2020 - MARCH 2020

for clinicians who see clients at risk for suicide

CAMS is a 20-plus year evidence base, internationally recognized top-tier intervention with **proven efficacy**. This training is for clinicians who see clients at risk for suicide, over the course of weeks or months. CAMS has been used successfully by psychologists, psychiatrists, social workers, counselors, nurses, marriage and family therapists, case managers, and specialized clinicians such as those working in substance use and chemical dependency.

- Learn how to not only assess but **MANAGE** and **TREAT** suicidality
- Experience **MODELING** of the tools in a real-life scenario, with a high-risk very lethal patient case
- **USE** the tools in a coached role-play in a supportive learning atmosphere



“CAMS treatment group resolved suicidality more quickly and had less medical health care utilization than treatment as usual in six months after start of treatment.”

- Jobes, D.A., Wong, S.A., Conrad, A., Drozd, J.F., & Neal-Walden, T. (2005) *“The collaborative assessment and management of suicidality vs. treatment as usual: A retrospective study with suicidal outpatients.”* *Suicide and Life-Threatening Behavior*, 35, 483-497.

REQUIRED TRAINING Clinicians also need to complete **CALM – Counseling on Access to Lethal Means**, a free 2-hour online training. To access training visit: <http://training.sprc.org/>

EXPECTATIONS: Prior to CAMS Consultation Calls

1. Complete Counseling on Access to Lethal Means (CALM) online training
2. Complete 3 hour CAMS online training
3. Sign a learning agreement to commit to practice

Consultation Calls

4. Participate in 6-8 consult calls which will include *Managing Suicidal Risk: A Collaborative Approach* book discussion
5. Present cases on rotating basis

Contact your supervisor to register for the training.

Note: Fee for the online course will be covered by your Agency. A grant from Department of Mental Health supports Consult Calls and Workbook you will receive.

CEUs available for counselors (pending), psychologists and social workers.