

VT Suicide Prevention Coalition Meeting

September 12, 2019



A program of the Center for Health & Learning

Welcome and Introductions

- In small groups of 3 or 4, share:
 - who you are
 - what helps you be resilient.
- RESILIENCE defined:
 - The ability to cope with change or deal with obstacles that present adversity

MHTTC Presentation

Platform Goal #2: Build sustainable and integrated infrastructure in VT for mental health promotion, suicide prevention, intervention, and postvention

- ◆ New England Mental Health Technology Transfer Center members:
 - ◆ Livia Davis
 - ◆ Chief Learning Officer and Subject Matter Expert
 - ◆ Valarie Gold
 - ◆ Senior Advosor

H.184 Update and Input on Report to Legislature

- ◆ Platform Goal #10:

- ◆ Improve and expand surveillance systems in order to:

- ◆ a) monitor trends and profiles of at-risk populations;
- ◆ b) assess the impact of existing policies and programs; and
- ◆ c) inform the development of future efforts

Suicide Prevention Advocacy Committee

Advocacy is an aspect of all platform goals

- ◆ Partnership with AFSP
- ◆ Goals:
 - ◆ 1. Support local advocacy efforts already underway by AFSP and VTSP Coalition members
 - ◆ 2. Planning Advocacy Day at the statehouse (February 2020)
 - ◆ 3. Determining specific advocacy items (initiatives underway, budget items, new initiatives)
- ◆ Who would like to joint the committee?
- ◆ Next meeting:



Resources for Survivors

Platform Goal #11:

Provide care and support to individuals affected by suicide deaths and attempts

- Support for Loss Survivors through VTSPC
 - Postcards sent to funeral home directors
 - Postcards available for general dissemination
 - Please provide feedback
 - Where should they be disseminated?
 - Resource packet on www.vtspc.org
 - Please provide feedback
 - Partnership with AFSP

Lived Experience Toolkit

- About the Toolkit
- Involving People with Lived Experience
- Benefits for Organizations
- Benefits for Individuals with Lived Experience
- Levels of Engagement
- Finding People with Lived Experience
- Creating a Welcoming Environment
- Moving Forward



Lived
Experience
Tools

Engaging People with Lived Experience: A Toolkit for Organizations



 [PDF version](#)

<https://www.sprc.org/keys-success/lived-experience>

Resources for Survivors

Platform Goal #11:

Provide care and support to individuals affected by suicide deaths and attempts

- Feedback on Survivor Support in Vermont
 - There is a need for the groups.
 - Survivors want Peer Led Groups- facilitation varies, training for facilitators
 - Groups come and go
 - Lack of centralized coordination - VTSPC asks AFSP VT for an update annually
 - Observations and input from Coalition welcome

VTSPC Social Media Analytics from June - present

Website

- Page views: 4,749
- Users: 2,046



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Twitter

- 2,100 impressions; average of 23 per day
- World Suicide Prevention Day 9/10/11: 675 impressions

Facebook

- Page followers: 784 (gained 64 followers)
 - from 45 towns mostly in VT , but also MA, TX, NH, NY
- Post impressions: 7,830 total; average of 87 per day
- World Suicide Prevention Day 9/10/19: 537 impressions

Announcements

- 💧 Please share:
 - 💧 Suicide Prevention Month activities
 - 💧 other upcoming events or initiatives