



Zero Suicide Resources for Healthcare

The Vermont Suicide Prevention Center (VTSPC) is working with the Department of Mental Health to promote, cultivate, and support the implementation of Zero Suicide, an evidence-based set of principles and practices for preventing suicide within health and mental health systems.

Gatekeeper Training: For more information and to register go to: www.healthandlearning.org Click on Trainings/Events or email info@healthandlearning.org	
Umatter Gatekeeper Umatter for Schools	Community members and professionals gain the skills to recognize risk factors and warning signs of people in distress and at risk of suicide, know what to say and do in response, and connect people with resources. Fall 2019
Umatter Training of Trainers	Staff and community members gain the skills to train others in suicide prevention awareness. Fall 2019
Mental Health First Aid	Community members and professionals learn about the continuum of mental health and how to recognize risk factors and warning signs of mental health problems. <u>For more information contact:</u> Lance Metayer Email: Lance.metayer@ncssinc.org PH: (802) 582-8039
Zero Suicide, Workforce Development and Partner Engagement: For more information contact info@healthandlearning.org	
Zero Suicide Brochure	An overview of Zero Suicide for health care professionals provided by VTSPC and DMH. Download at http://vtspc.org/zero-suicide-page/
Zero Suicide Webinar Series (CEUs available) http://vtspc.org/zero-suicide-webinar-series	A 6-week series to be completed by teams of individuals from organizations interested in implementing Zero Suicide. Recordings from January – February 2019 <ol style="list-style-type: none"> 1. Umatter Gatekeeper Training 2. Zero Suicide Overview 3. Using the Zero Suicide Organizational Self-Assessment 4. Implementing the Workforce Development Survey 5. Identification, Assessment, and Treatment of Suicidality 6. Follow Up and Care Coordination
Grand Rounds	Presentations for medical professionals to learn about the principles of Zero Suicide. Power point slides and technical assistance available upon request.
VT SPC website	Suicide Prevention information for community members, loss and attempt survivors, and professionals.
VT SPC Newsletter	Join our email list: email info@healthandlearning.org
VT SPC Coalition	Representatives from public health, education, state agencies, advocacy groups, youth leadership, mental health services, and survivors – register to attend our quarterly meetings held in March, June, September, December at www.healthandlearning.org
VT Text Line and Need Help? Card	Download at http://vtspc.org/zero-suicide-page
Mental Health Awareness Resources	Department of Mental Health Find and download here: http://vtspc.org/child-mental-health-awareness-week-may-6-10-2019/