

Survivors of Suicide (SOS) Support Groups

Have you experienced the impact of a loved one's suicide?

Our meetings provide a time to help one another grieve. This is not a therapy group. It is a free support group. We respect each other's confidences and honor the uniqueness of each person's grief work. We share what can be helpful in this process. We offer resource materials, stories, and listen to your story. Whether you lost a friend, spouse, parent, child, co-worker, sibling or anyone you care about. Please consider joining us.

S. Burlington Support Group

Who: Persons experiencing the impact of a loved one's suicide.

When: 1st Wed. of each mo., 6-7:30 pm.

Location: S. Burlington.

This group is currently full and unable to accept new participants. Please call Linda Livendale at 802-272-6564 to hear about other groups within driving distance. We are sorry for the inconvenience.

Sheffield Support Group

1st Tuesday of each month

6:00 pm – 7:30pm

(Refreshments available at 5:30pm)

Sheffield Federated Church Berry

Hill Rd, off Rte 122, Sheffield

Alternates location with Lyndonville

Contact: Candy Fox

Email: candyfox@charter.net

Newport Support Group

3rd Thursday of each month

5:30pm -7:30 pm

Nevermore Bookstore

100 East Main St.

Newport, VT

Contact: Mary Butler, 802-744-6284

Email: butterm@sisna.com

St. Albans Support Group

2nd Thursday of each month

6:00 pm – 7:30 pm

Northwestern Medical Center

133 Fairfield St., Conference Rm #3

St. Albans, VT

Contact: Tony Stevens or Deborah Babbie,

802-393-6503

Email: astevens@ncssinc.org

If you or someone you know are in crisis, call 1-800-273-TALK (8255) or Text VT to 741741