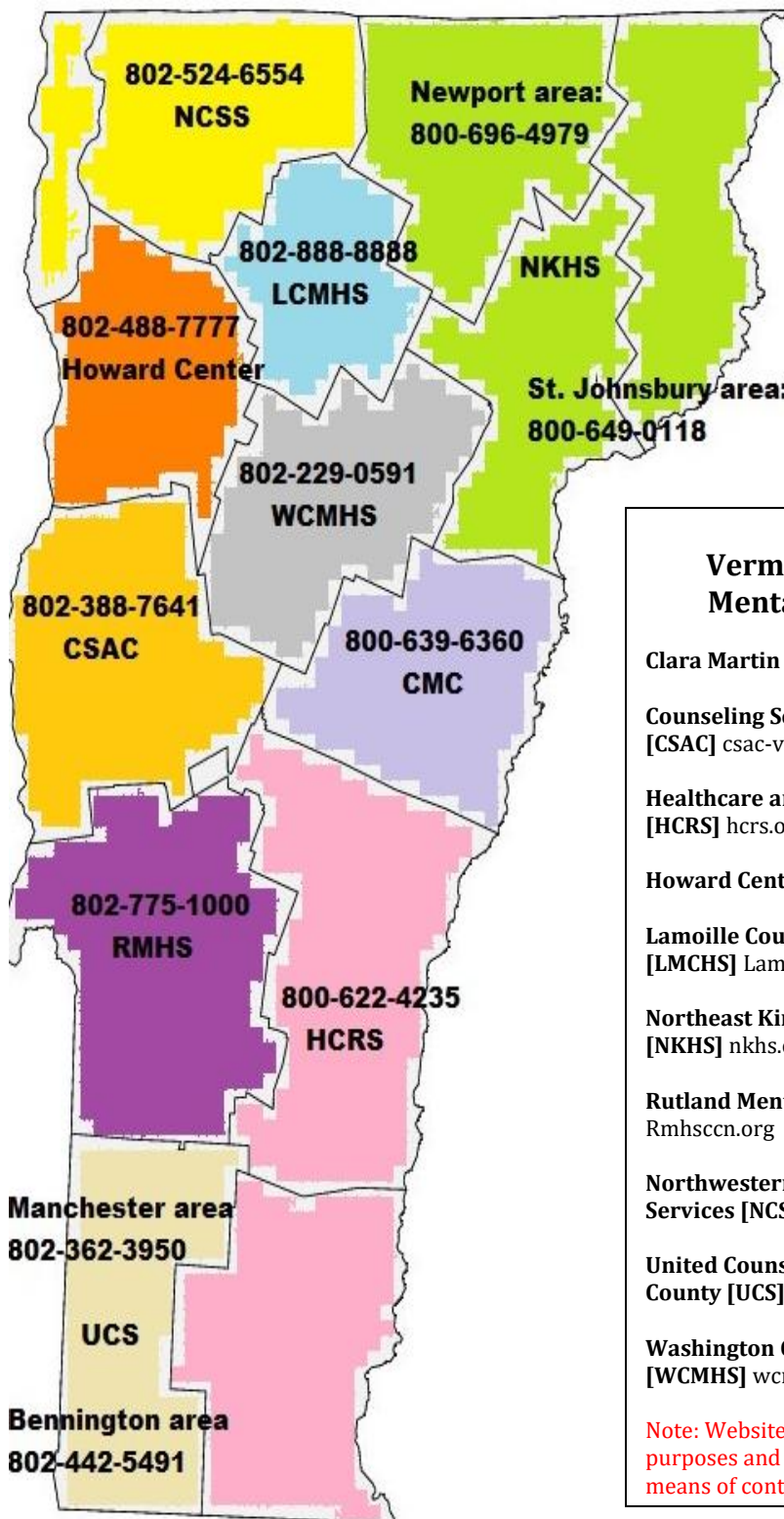




**IF YOU OR A LOVED ONE IS EXPERIENCING A  
MENTAL HEALTH CRISIS AND NEED  
HELP, CALL YOUR LOCAL 24/7 CRISIS LINE:**



**Vermont's Community  
Mental Health Centers**

Clara Martin Center [CMC] [claramartin.org](http://claramartin.org)

Counseling Service of Addison County  
[CSAC] [csac-vt.org](http://csac-vt.org)

Healthcare and Rehabilitation Services  
[HCRS] [hcrs.org](http://hcrs.org)

Howard Center [howardcenter.org](http://howardcenter.org)

Lamoille County Mental Health Services  
[LMCHS] [Lamoille.org](http://Lamoille.org)

Northeast Kingdom Human Services  
[NKHS] [nkhs.org](http://nkhs.org)

Rutland Mental Health Services [RMHS]  
[Rmhscn.org](http://Rmhscn.org)

Northwestern Counseling & Support  
Services [NCSS] [ncssinc.org](http://ncssinc.org)

United Counseling Service of Bennington  
County [UCS] [ucsvt.org](http://ucsvt.org)

Washington County Mental Health  
[WCMHS] [wcmhs.org](http://wcmhs.org)

Note: Websites here are for information purposes and not intended as a resource or means of contact during an acute crisis.