You matter because you can help.

Primary Care Physicians & Other Healthcare Professionals

Everyone has a place in the big picture.

45% of persons who die by suicide visited their physicians less than one month prior to the incident. In some studies this figure has been shown to be as high as 75%. (Lumoa, Martin & Pearson, 2002)

Professional Recommendations:

- Know the screening tools available to primary care physicians and incorporate suicide screening into routine medical visits
- Develop strategies for connecting with family members and other provider systems for a coordinated suicide prevention response
- Consider suicide a public health issue and understand its impact on communities
- Learn national best practices in restricting access to lethal means, safe messaging and communications about suicide

Based on NAMI NH’s Connect model, www.TheConnectProject.org

UmatterUCanGetHelp.com
UmatterUCanHelp.com

For crisis intervention:
Dial 2-1-1 in VT or 1.800.273.8255

Umatter is brought to you by the VT Department of Mental Health, the VT Youth Suicide Prevention Coalition and the Center for Health & Learning. For further information on prevention trainings and activities: 802.254.6590 or info@healthandlearning.org.

This poster was developed under a grant number SM058383 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.