

Faith & Spiritual Leaders and Funeral Directors U matter because you can help.



**Everyone has a place
in the big picture.**

*40% of emotionally distressed people are more likely to turn to a faith leader than to a psychiatrist, physician or psychotherapist.
(Christianson, Journal of California Alliance for Mental illness, Vol. 8)*

Professional Recommendations:

- Know the risk factors and warning signs
- Increase your faith community's role in youth suicide prevention
- Understand how religious traditions influence attitudes toward mental illness, suicide and help-seeking
- Develop good working relationships with mental health professionals
- Consider the special challenges of memorial services, funerals and healing ceremonies for a youth that has died by suicide
- Learn national best practices in restricting access to lethal means, safe messaging and communications about suicide

Based on NAMI NH's Connect model, www.TheConnectProject.org



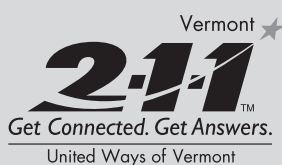
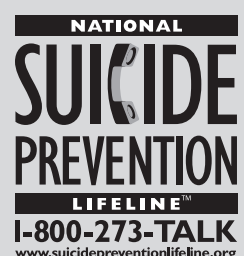
UmatterUCanHelp.com

Vermont Suicide Prevention

When the need is urgent, call 1-800-273-TALK (8255).

For information and referral

on suicide resources in Vermont, dial 2-1-1.



Umatter is brought to you by the VT Department of Mental Health, the VT Youth Suicide Prevention Coalition and the Center for Health & Learning. For further information on prevention trainings and activities: 802.254.6590 or info@healthandlearning.org.

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