Over the last 2 weeks, how often have you been bothered by any of the following problems?

1. During the past month, have you often been bothered by feeling down, depressed, or hopeless?  
   Yes □ No □

2. During the past month, have you often been bothered by little interest or pleasure in doing things?  
   Yes □ No □
PRIME-MD PHQ (2 Question Screen)

Scoring Instructions

If the response is "yes" to either question, consider administering the PHQ-9 questionnaire or asking the patient more questions about possible depression.

If the response to both questions is "no", the screen is negative.

Whooley et al. (1997) compared the 2-question screen to the Quick Diagnostic Interview Schedule (QDIS-III) and reported a sensitivity and specificity of 96% and 57% respectively.

Whooley MA, Avins AL, Miranda J, Browner WS. Case finding instruments for depression. Two questions are as good as many. Gen Intern Med. 1997;12:439-45. From the Primary Care Evaluation of Mental Disorders Patient Health Questionnaire (PRIME-MD PHQ). The PHQ was developed by Drs. Robert L. Spitzer, Janet B.W. Williams,