

**NEW DATE & LOCATION**

# ZERO SUICIDE PRACTICE INSTITUTE

**What is Zero Suicide?** Zero Suicide is a commitment to suicide prevention in health and mental health care systems. It involves the implementation of a set of evidence-based tools and strategies used in a strong pathway of care for people who are suicidal. When implemented effectively, Zero Suicide reduces suicide deaths.

This Institute is composed of two full days of teamwork and learning from national speakers and Vermont colleagues. It is designed to engage leadership teams to understand Zero Suicide at a deep practical level, and to support the implementation in their own health systems in collaboration with state and community systems. The aim is to improve care and outcomes for individuals at risk of suicide in health care systems and to commit to the safety and support of clinical staff, who do the demanding work of treating and supporting suicidal patients.

**Target Audience and Approach:** This two-day training brings together mental health, health care, state, and local teams to establish a common frame of reference, language and understanding of the use of evidence-based tools for Screening, Assessment, Treatment and Follow-up. Teams will conclude the Institute steeped in an understanding of Zero Suicide, with knowledge about their organizations' capacity and readiness to implement the tools and processes, and with the ability to prioritize with their staff.

**A team of three or more is suggested to attend from each organization or network. Participants could be:**

- senior position of clinical leadership who oversees policy and procedures;
- staff who oversees clinical training, and/or EHR;
- person who is enthusiastic about making suicide prevention changes in the organization.

**DAY 1**

## PROVIDING ZERO SUICIDE LEADERSHIP

**NEW DATE**

May 16, 2019 • 9 am – 4 pm  
8:30 am Registration & breakfast

**PRESENTED BY**



**Mike Hogan, Ph.D.**  
*Founder, Hogan Health Solutions*

Dr. Mike Hogan, Originator of Zero Suicide and previous Commissioner of Health in three states, will frame this work nationally and in Vermont using examples of the overall strategy that makes zero suicides possible. Dr. Hogan helped introduce Zero Suicide to Vermont and will team up with Vermont health care providers to consult with teams in the first stages of their work.

Teams conduct a Zero Suicide Organizational Self-Assessment by formally measuring their organization's readiness, and committing to go back to the organization to gather data and input to complete the Self-Assessment and build out a Workplan.

**DAY 2**

## EVIDENCE-BASED PRACTICES WORKSHOP

June 6, 2019 • 9 am – 4 pm  
8:30 am Registration & breakfast

**PRESENTED BY**



**Adam Lesser, LCSW**  
*Columbia Lighthouse Project*



**Kevin Crowley, Ph.D.**  
*CAMS-care*

Elements of the Zero Suicide Pathways to Care: Screening, Assessment, Safety Planning and Means Restriction, Treatment and Follow-up, will be presented through interactive dialogue format and discussed as they relate to organizational policies and procedures. Adam and Kevin will provide sessions on screening and collaborative safety planning. Other workshops include Caring Contacts through follow-up and care coordination and roles and supports for people with lived experience. Teams will leave with an understanding of the tools and resources for implementing Zero Suicide in their organization.

**NEW LOCATION** CAPITOL PLAZA, MONTPELIER, VERMONT

\$199/person includes two days of professional development, team time, breakfast, lunch, and all training materials.

**REGISTRATION OPEN:** [www.healthandlearning.org/events](http://www.healthandlearning.org/events)



A public-private partnership of the Center for Health and Learning, under advisement of the VT Suicide Prevention Coalition  
[www.vtspc.org](http://www.vtspc.org)

