



Zero Suicide Resources for Healthcare

The Vermont Suicide Prevention Center (VTSPC) is working with the Department of Mental Health to promote, cultivate, and support the implementation of Zero Suicide, an evidence-based set of principles and practices for preventing suicide within health and mental health systems.

Gatekeeper Training: For more information and to register go to http://vtspc.org/	
Umatter Gatekeeper Training	Community members and professionals gain the skills to recognize risk factors and warning signs of people in distress and at risk of suicide, know what to say and do in response, and connect people with resources.
Umatter Training of Trainers	Staff and community members gain the skills to train others in suicide prevention awareness. November 28, 2018 from 8:30am-4:00pm in Montpelier
Mental Health Fist Aid	Community members and professionals learn about the continuum of mental health and how to recognize risk factors and warning signs of mental health problems. For more information contact: Lance Metayer E: Lance.metayer@ncssinc.org P: (802) 582-8039
Workforce Development: For more information contact info@healthandlearning.org	
Grand Rounds	Presentations for medical professionals to learn about the principles of Zero Suicide. Power point slides and technical assistance available upon request.
Zero Suicide Webinar Series (CEUs available)	A 6-week series to be completed by teams of individuals from organizations interested in implementing Zero Suicide. January – February 2019 <ol style="list-style-type: none"> 1. Umatter Gatekeeper Training 2. Zero Suicide Overview 3. Using the Organizational Self Assessment 4. Implementing the Workforce Development Survey 5. Identification, Assessment, and Treatment of Suicidality 6. Follow Up and Care Coordination
Practice Skills Institute	A Zero Suicide training for clinical teams (CEUs available) – Spring 2019
Information: Access on our website http://vtspc.org/ or contact us at info@healthandlearning.org	
Zero Suicide Brochure	An overview of Zero Suicide for health care professionals provided by VTSPC and DMH. Download at http://vtspc.org/zero-suicide-page/
VT SPC website	Suicide Prevention information for community members, loss and attempt survivors, and professionals.
VT SPC Newsletter	Join our email list
VT SPC Coalition	Representatives from public health, education, state agencies, advocacy groups, youth leadership, mental health services, and survivors – register to attend our quarterly meetings held in March, June, September, December.