

Collaborative Assessment & Management of Suicidality (CAMS) in Primary Care



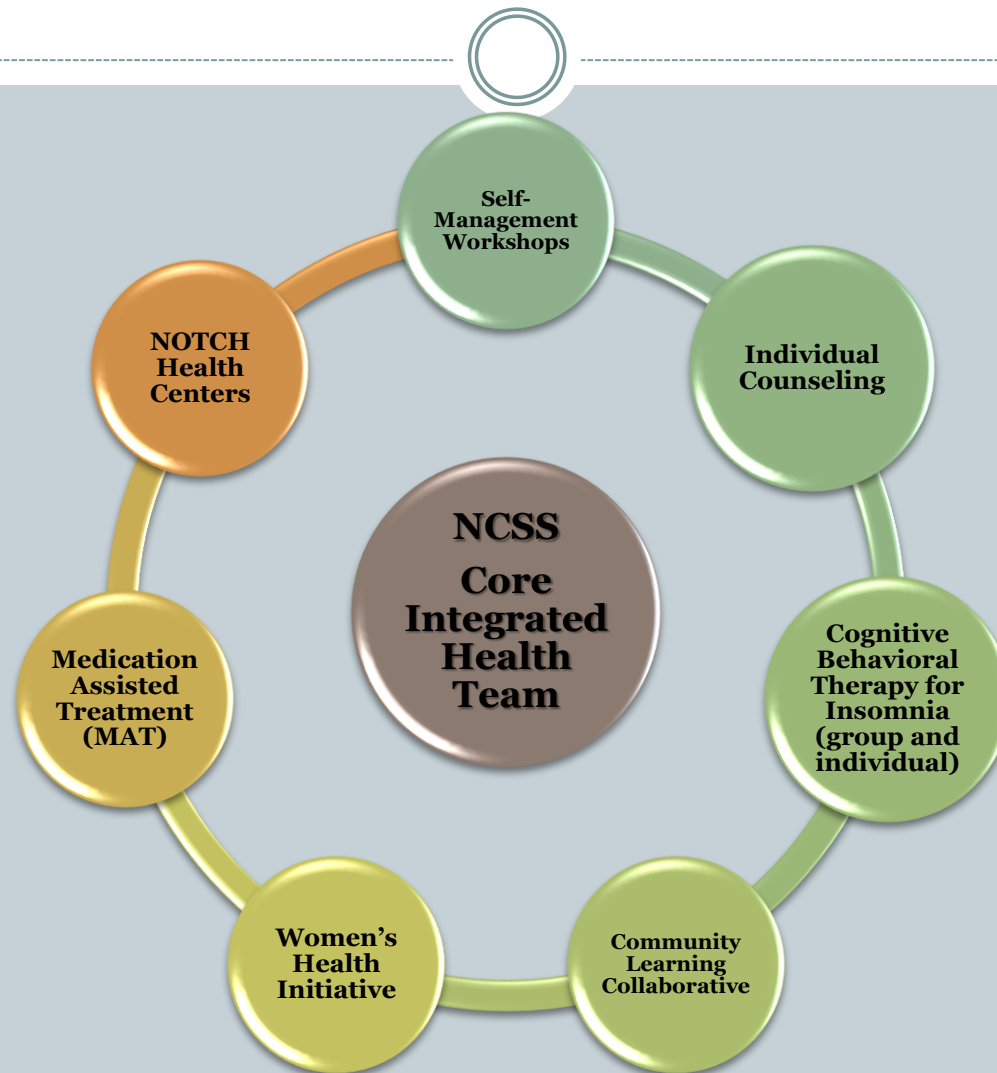
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Designated Agency & Integrated Health



NCSS Integrated Health Team



Northwestern Primary Care Team



- 1 FTE Master's level Social Worker (Wellness Consultant)
- 5 Primary care provider teams (provider and Nurse/Medical Assistant)
- .5 FTE RN MAT Care Coordinator
- 1 FTE Social Work Care Manager
- Support staff

Behavioral Health in Primary Care



What Behavioral Health Integration Looks Like in this Practice Setting

- Social Worker assigned full time to this practice
- Role in Screening Workflows
- Care Coordination
- Scheduled Patients & Warm Hand-Offs
- Short Term, Solution Focused Therapy
- Referrals to Services
- Continues Provider consultation

Why Provide Suicide Specific Care in Primary Care



- 45% of those who have died by Suicide have seen their primary care provider 30 days prior to their death. The % is significantly higher for Elders (Ahmedani, Simon, Stewart, Beck, Waitzfelder, Rossom, et. al., 2014)
- Primary Care provides a unique access point for prevention & intervention

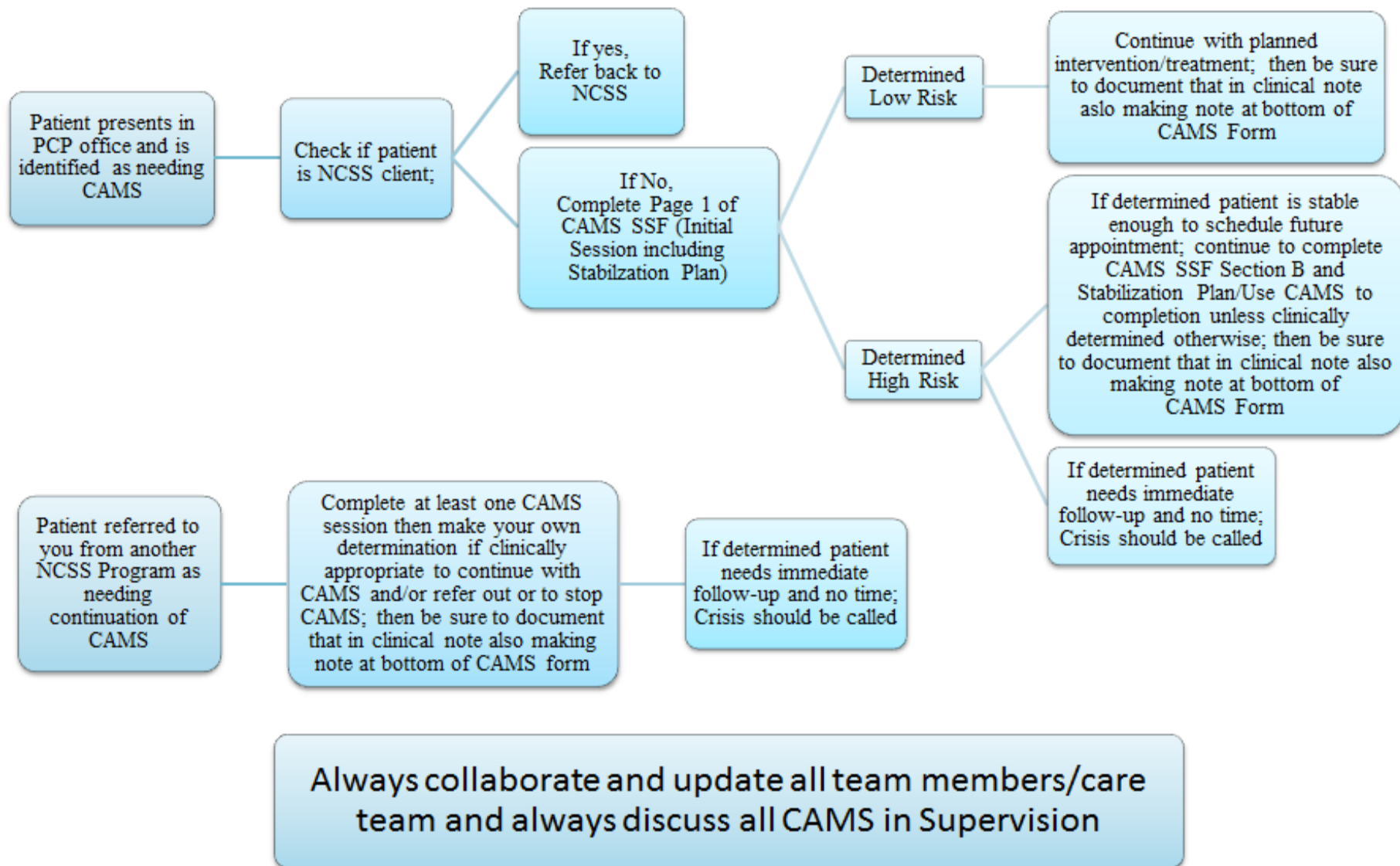
Collaborative Assessment & Management of Suicide



- Philosophical Aspects of CAMS
- CAMS Clinical Procedures
 - Step 1- Early Identification of Risk
 - Step 2- Collaborative Assessment Using SSF
 - Step 3- Collaborative Treatment Planning
 - Step 4- Clinical Tracking of Suicide Status
 - Step 5- Clinical Resolution of Suicide Status
 - Growing Evidence Base for CAMS

Integrated Health CAMS

Flowsheet 5.2018



Application of CAMS



- 1) Composite example: Linda
- 2) Workflow
- 3) CAMS
 - Drivers
 - Risk factors
 - Stabilization and safety planning
- 4) Care team

Ongoing Care with Linda



- Continue short term treatment for stabilization using CAMS for continued assessment and management
- May stop CAMS after 3 sessions if overall risk of suicide is 3 or lower
- Refer for ongoing care at NCSS where CAMS can be continued if needed, CAMS documentation sent with referral for continuity of care
- One appointment post referral to confirm follow up care in progress

“...how do you cultivate the ability to have a life that you want to live.” ~David Jobs