

# Social Service Professionals & Youth Workers

## You matter because you can help.



**Everyone has a place  
in the big picture.**

*Positive youth development and strength-based prevention can go a long way in reducing suicide risk for youth.*

### Professional Recommendations:

- Become familiar with the local resources and services available for persons at risk
- Develop strategies for communicating with family or guardians during a crisis situation
- Develop transition plans for individuals returning to agency services after a suicide incident
- Know how to interface with police, EMTs and mental health professionals
- Learn national best practices in restricting access to lethal means, safe messaging and communications about suicide

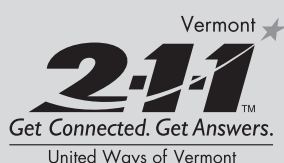
*Based on NAMI NH's Connect model, [www.TheConnectProject.org](http://www.TheConnectProject.org)*

**UmatterUCanGetHelp.com**

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**For crisis intervention:**

Dial 2-1-1 in VT or 1.800.273.8255



*Umatter is brought to you by the VT Department of Mental Health, the VT Youth Suicide Prevention Coalition and the Center for Health & Learning. For further information on prevention trainings and activities: 802.254.6590 or [info@healthandlearning.org](mailto:info@healthandlearning.org).*

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