

Primary Care Physicians & Other Healthcare Professionals You matter because you can help.



**Everyone has a place
in the big picture.**

45% of persons who die by suicide visited their physicians less than one month prior to the incident. In some studies this figure has been shown to be as high as 75%. (Lumoa, Martin & Pearson, 2002)

Professional Recommendations:

- Know the screening tools available to primary care physicians and incorporate suicide screening into routine medical visits
- Develop strategies for connecting with family members and other provider systems for a coordinated suicide prevention response
- Consider suicide a public health issue and understand its impact on communities
- Learn national best practices in restricting access to lethal means, safe messaging and communications about suicide

Based on NAMI NH's Connect model, www.TheConnectProject.org



UmatterUCanGetHelp.com

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For crisis intervention:

Dial 2-1-1 in VT or 1.800.273.8255

**NATIONAL
SUICIDE
PREVENTION
LIFELINE™
1-800-273-TALK**
www.suicidepreventionlifeline.org

Vermont
2-1-1
Get Connected. Get Answers.
United Ways of Vermont

**CENTER FOR
Health &
Learning**

Umatter is brought to you by the VT Department of Mental Health, the VT Youth Suicide Prevention Coalition and the Center for Health & Learning. For further information on prevention trainings and activities: 802.254.6590 or info@healthandlearning.org.

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