

Mental Health & Substance Abuse Providers **U matter because you can help.**



**Everyone has a place
in the big picture.**

90% of suicide deaths are linked to an untreated or under-treated mental health condition. (National Institute of Mental Health)

Recommendations for Professionals:

- Know the difference between deliberate self harm and suicidal intent
- Establish your agency's response plan and standards for screening of emergency calls
- Be prepared to interact in a crisis situation with other service providers and with key people in the person's life
- Learn the national best practices in restricting access to lethal means, safe messaging and communications about suicide



Based on NAMI NH's Connect model, www.TheConnectProject.org

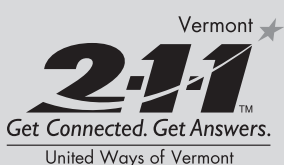
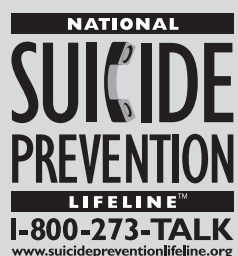
UmatterUCanHelp.com

Vermont Suicide Prevention

When the need is urgent, call 1-800-273-TALK (8255).

For information and referral

on suicide resources in Vermont, dial 2-1-1.



Umatter is brought to you by the VT Department of Mental Health, the VT Youth Suicide Prevention Coalition and the Center for Health & Learning. For further information on prevention trainings and activities: 802.254.6590 or info@healthandlearning.org.

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